

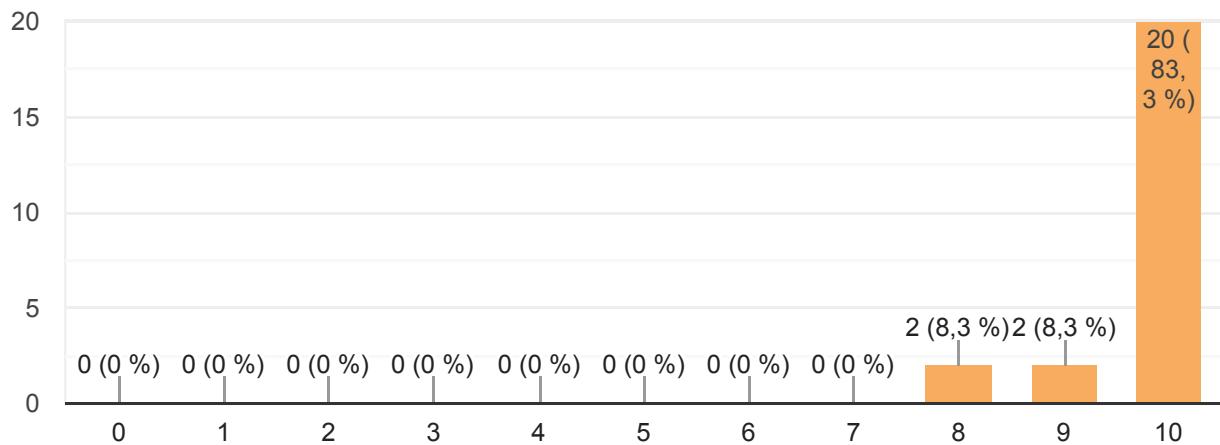
SNLA in ICELAND - EVALUATION 2022

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1. How likely is it you would recommend SNLA to a friend or colleague?



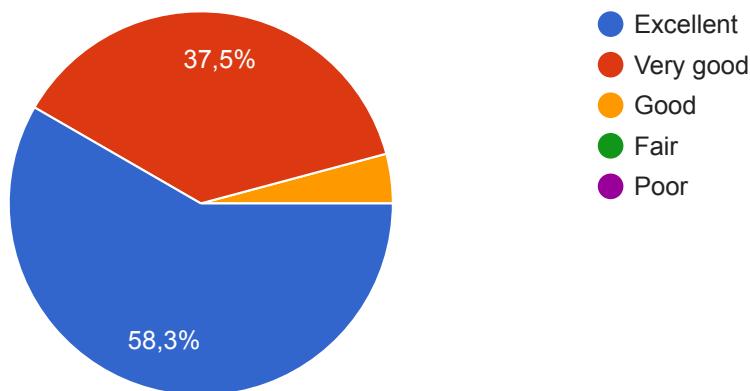
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2. Overall, how would you rate SNLA 2022



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3. What did you specifically like about SNLA 2022?

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Variety of lectures, location was perfect for the academy and without much around we really

could spend a lot of time together

Meeting so many interesting women from the nordic countries, to meet and listen to such inspiring women from Iceland, to explore the beautiful country, and to reflect and develop myself.

Ásta's speech was really inspiring and I especially liked that the content of the program also emphasized that in order to be a good leader, you also have to take care of yourself. The excursion day on Wednesday was amazing and on my opinion there was an opportunity to network and talk with other participants in a completely different way.

Everything :) Great lectures for example!

The open and genuine atmosphere which enabled everyone to be themselves without the fear of being judged.

That it was so interactive. Giving us new information and knowledge whilst encouraging us to implement it!

I really like the whole idea of SNLA, but to be specific I liked the network that you get all over Scandinavia and the inspiration from the impressive Icelandic women.

I liked that there were different topics and that there where inspiring people. I also though that the schedule was good with a variation of activities.

I really liked the genuine warm welcoming and all the different topics we got introduced to. I felt it became a safe environment for everyone to be them self and inspire each other to empowerment.

The people, lectures and the beautiful setting in Iceland. You did an amazing job in finding some incredible speakers.

Organized program and warm-hearted people (both organizers, teachers and participants)

All the amazing and inspiring women - both the presenters, the hosts and the other participants. It was very inspiring, motivating and empowering.

The yoga session was also really nice to have in between all the other more learning-focused sessions. It was also nice to have time to walk around in the area and our trip to the spa etc. It was nice with a little break :) The presenters were great as well. I particularly really enjoyed the presentations from the first woman from the bank, the woman from Kronan and the male minister (sorry I have forgotten their names).

Meeting women from different backgrounds.

I think meeting all the other girls was amazing! The group work sessions were very nice, so that we had some time to work with a lot of different people. The lectures were also all very

good. Lastly, the 'My dream' speeches were very inspiring, and I felt like they brought us all together. Everybody contributed with something very personal which brought the group closer together. It was also great to go on the trip wednesday to see some of Iceland and just get out of the classroom and have time for socializing.

all the inspiring and kind people, beautiful places, learned a lot

Loved the spirit, energy and community of the group including the organizers! I loved that we had time to explore the culture or nature of Iceland too!

Great variety in topics, interesting people who spoke and a great selection of wonderful young women!

I liked the variation of participants from different backgrounds and fields.

I really liked all the lectures and subjects, they were very interesting and informative. I also enjoyed the groupwork and all the girls i met.

Inspirational speakers, very safe and supportive environment

All the people that came and spoke to us as well as the different types of activities

I liked getting to know the other young women and i enjoyed the lectures

It was amazing meeting all the other participants. We where all very different, not just because our different nationalities but also because of our personalities and professions etc. For me this was very educational.

I also feel that many of the educators where very inspiring and I loved hearing their stories and share in their knowledge.

I liked the warm welcome and the good attitude from the organizers the most

4. Was there anything that you did not feel comfortable with?

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No

No not really although i felt like a lot of the group work was very time pressured and didn't feel as planned as the other things. Also I had my dream on Tuesday and would have liked to been given more time to work on it. I would have preferred if we were given time in the schedule during the week to work on it and then to have all presentations in the end of the week.

No.

I wasn't really a fan of the speeches via Teams.

Sudden changes of the timetable but those cannot be avoided at events as bis as this :)

Nothing in particular

I did not feel comfortable prior to the academy. I feel like we got very little, late or confusing information about what we needed to bring or prepare for the course which made me insecure. But it all worked out in the end after all. I think the whole academy for me was to get out of my comfort zone, so it is alright if things are a bit uncomfortable as long as they feel like a success afterwards.

Maybe the communication about arrival time, seemed that we had gotten different information about that.

The schedule was sometimes a bit confusing. And the information given beforehand was also quite different from country to country.

The program in one day is a bit long. But it isn't a big problem.

When we had to do acting in front of the others (luckily I didn't get picked).

No I think everything was challenging in a good way.

Was not comfortable with the theater part, but I enjoyed watching the ones who took space, and I guess it is good to step out of the comfort zone too

All was good! Maybe the only thing uncomfortable was that some people joined the program even though they had flu symptoms before arriving but I understand that it is a bit tricky of a situation.

No, but it was a lot to take in at once. Worth it though!

NO

It came up sometimes, that things were not planned well enough.

The information flow could have been better prior to SNLA

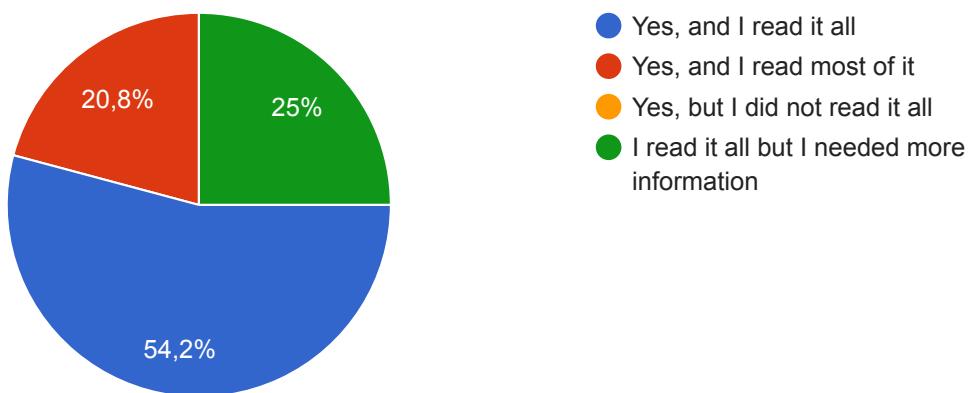
I felt that it was hard getting to know the other participants in the beginning. The adventure we did on the Wednesday in the middle of the course was a real ice-breaker and I felt closer to the other participants after that. It was good to have it as a little break in the middle of the week since the course was very intensive, however I would have wanted some other ice-breaker moments in the beginning of the course. Not just social teaching exercises but perhaps to spare an hour or two in the evening to have a more social gathering in the hang-out room etc.

Just something to help us get to know each other better from the start.

5. Prior to the SNLA 2022 did you get the information you needed?



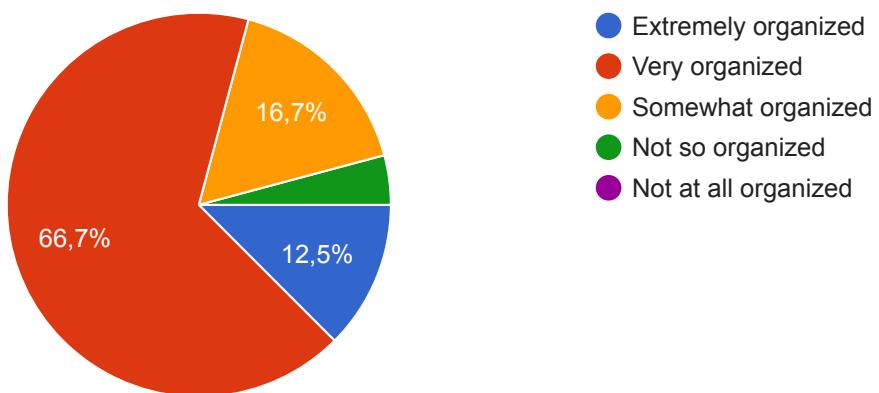
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6. How well organized was the SNLA 2022?



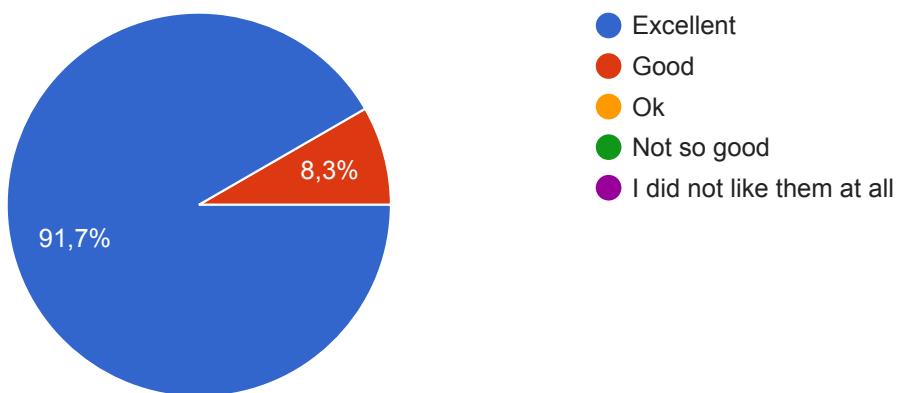
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7. What is your overall rating of the SNLA teachers?



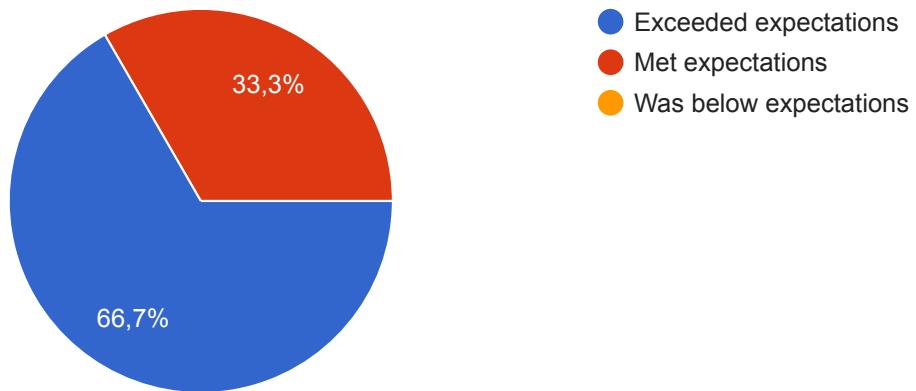
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8. To what extent did the SNLA 2022 curriculum cover your expectations?



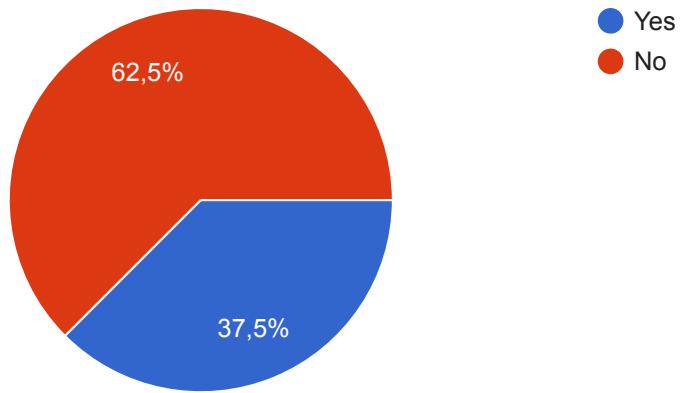
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9. Was there any subject that was not covered and would have been important?



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9a. if yes, what subject(s) did you miss?

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No

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More on how to speak in front of people etc

More about leadership and communication.

I didnt miss any subject

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Did not miss anything specific.

I think we talked about the most important things.

Maybe a bit more about being a leader in practice.

There is always something extra to talk about. And in no way could it be covered in one week.
I'm adding some ideas-

Talk more about "failure" and how to overcome things not going as planned.

Have speakers from practical fields, of how one can operate and develop in those professions.

The Scandinavian countries are a lot alike, but how do we differentiate in e.g. education?
How can we learn from each other in that regard?

It would be nice to talk some more about intersectionality. Women are extremely diverse, both regarding race, age, religion and so on. Feminism can be a lot of things and women both around the Nordic countries but also around the world face different challenges and circumstances. It is important that we understand each other in order to support each other. I think these nuances are extremely important and good to discuss.

Well, I mean there is so much one can fit in such a short time, like a week, I may have wanted a little more in-depth knowledge on some topics but I understand this was more of a practical than an academic program.

Didn't miss anything specifically

Women in STEM and practical fields.

None

Perhaps more information on women's place within leadership within a male dominated world

no

I felt that the course itself was very inspirational, which I very much appreciate. However I feel that I would have liked a bit more theoretical knowledge about leadership, how to give feedback etc. We had some but I would have liked to have more, and to have a bit more exercises to learn this, not just to sit and listen.

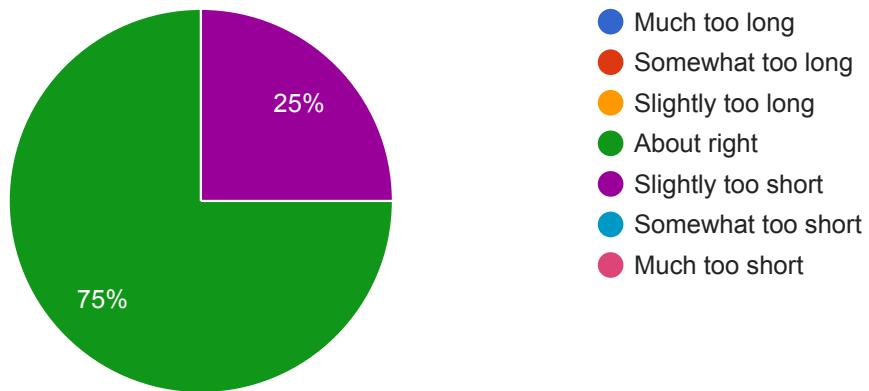
Other than that I am very happy with the course's content.

I would have wanted more of speaking in front of others

10. Was the time allocated for SNLA 2022, too long, too short, or about right?



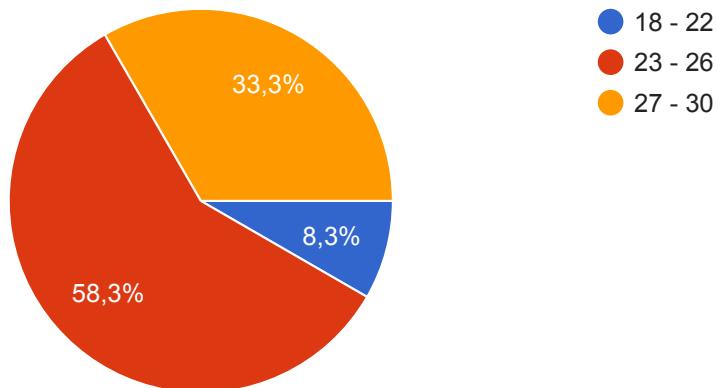
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11. How old are you?



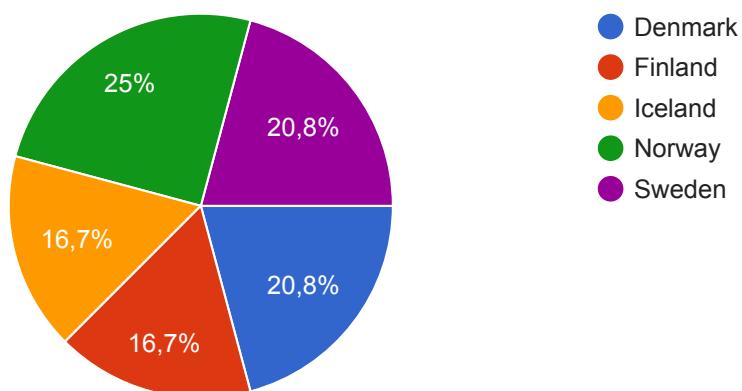
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12. Which country do you live in?



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13. Is there anything specific that you would like us to know concerning SNLA 2023?

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No

I think it would be good to be given one group to work in throughout the whole week instead of putting us in small groups with work that had to be rushed. In that way it would be possible to both get more comfortable in the group, get more in depth work done and use the tools we are given throughout the week such as the belbin roles and presentation techniques.

No.

If it's possible on any way, I would cut down the speeches via Teams.

The lectures about SI could have been sooner in the week so we would have known more about it from the beginning :)

Am I able to apply for the event even though I have participated once already?

Incorporate more «time outs» in terms of breaks where you go out or do something that involves movement

It would be nice if your could be more explicit about the schedule and expectations also when changes happen during the week. Also, The days were very long. Maybe having the time to socialize after dinner would be nice instead of going back to the classroom as many of us were so tired we went straight to bed.

I'm very greatful for everything!

I missed more information regarding start and end of the week before I booked my flight tickets. Because I didnt know that it ended friday evening, I thought it ended saturday, but it could be since I got added to the facebook group just some days before my departure since I got in later then the others. I really hope the girls next year will have a great SNLA academy as we got :)

Just that you did a great job.

We should include more women from immigrant background.

We got the information and the schedule a bit late so I did not really know what I was signed up for. However, we did get it in time and everything was great :) Would have been nice to have gotten it a bit before though.

Also, us Danish participants were told some other time we had to be at the airport than some of the other countries so I think there was a lot of confusion about when to be there and when to get a flight home etc. So it was a bit unfortunate that some girls arrived much later or earlier than others and that some had to leave before the program was really over.

NA

1. The program was a little tight - but I think you know that :) All the lectures were so interesting, so I really understand that you wanted us to have them all. However, I think that you should not put any lectures after dinner. Most of us were very tired, and it would also have been nice with some time to socialise.
2. It would have been nice if you had sent out the schedule and a list of what to bring a little earlier.
3. The last week of June usually is an exam week in Danish universities. Therefore I think you should consider moving it to the first week of July if that is possible. I know some of the Danish participants had to move their exams, but that is not always possible, and may prevent some from participating.
4. Before arriving in Iceland, we were told that we would be living in the same rooms together with some of the other girls, which I was a little concerned about. However, I think it was really nice to have a private room! There were a lot of new information, new people and a new environment, so it was very needed to be able to close the door at night and just rest.

Just keep up the good work :)

If it is possible a little longer breaks would be good. Otherwise, super well organized and I know 2023 SNLA will be even better! But I also believe SNLA 2022 will have its unique spark ;)

Thank you for your great work, and the opportunity to join this year.

Share the invitation the former participants, so we can help share the message out.

Be a little bit more prepared for deviations, especially about arrival and leaving.

I did not receive all of the practical information prior to SNLA. Also maybe some more diversity next time. Very inspiring women but not so diverse.

no

Not really no

14. What will you remember the most from SNLA 2022?

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The rest of the participants, I've met so many cool and inspiring women which I hope I will get to know even better in the future

All the amazing people.

The excursion day on Wednesday.

The great lectures, exercises and people that I met :)

All the inspiring people met along the way; the speakers, the participants and the genuine and lovely organizers. The freedom of not needing to pretend and My Dream project.

All the conversations we had, both in snakker groups, and in plenum in classes. SNLA was a free space to express our opinions and viewpoints - and I learned so much about myself and others this week

I will remember the amazing energy

All the amazing people

Thank you so much for everything, I will remember to believe in myself and inspire others, also continue being a voice for women in order to develop gender equality.

The amazing people.

I will remember the conversations with other women who were so smart and warm-hearted. Their intelligence and courage to speak up their mind and ask questions inspired me a lot. They made me realize that living in Nordics you have more freedom than most of other countries in the world, so don't let anyone tell you what you should do.

The other participants and the My Dream presentations.

My dream. I did not think it would have such an impact, but in the end that's what I remember the most.

The amazing group of inspiring women! It was very empowering to hear about the other women's dreams, thoughts, concerns and so on - and much of what we are all dealing with is relatable to each other. And just the great opportunity to deal with women's rights for a whole week.

Some encouraging quotes from the lectures, the nature, and the nice spirit and friendships over generations and nations

The people and their different stories <3

What was taught and the people

Meeting and talking to other young women. The assignment "my dream" was really good. And hit much harder than I thought it would.

SNLA helped me to step outside my comfort zone and get more self confidence. I was challenged to participate in groupworks, speak up and work on my English. I also got to know

other girls and the honor to be apart of a very large network of powerful women.

The empowerment you get from networking with other inspiring women

The people, lectures and visiting island

The lecture from Ásta

The participants, the Icelandic hospitality, nature and the inspirational education we where provided.

A lot of things. The other participants, some of the lectures and most of the speakers(or teachers) and a lot more! This was a fantastic week that I really enjoyed and will be hard to forget:)

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